

Patricia Cameron-Hill Ba.App.Sc. (Adv.Nsg) Dr Shayne Yates

In 1984 Patricia and Shayne changed career directions as a nurse and doctor to establish their own seminar and video production business. Their sound knowledge base and light-hearted

delivery, combine to make learning fast and fun. Patricia was the first woman to receive the highest award made by the National Speakers Association of Australia.

Style

Patricia and Shayne's presenting style is unique in that it involves both the presenters and a studio audience. The audience is voluntary and their reactions are spontaneous.

Using an audience adds interest and makes it more entertaining for the viewer. Stories and examples are brought to life with an audience and their laughter prompts the viewer to see the funny side and join in the fun.

People can learn faster when they are entertained and amused. They are also more receptive to tough messages when they are shown the humorous side of habits of thinking and behaviour. This in turn, is more likely to prompt the needed changes.



Seminars, workshops and conferences

We've all had the experience of being bored stiff at conferences or at a study day. The breaks can become more interesting than the sessions and we count the minutes until it all comes to an end. Yet it doesn't have to be like this. It is possible to keep people stimulated and entertained while they learn how to apply ideas and improvements in their lives and workplaces. Patricia and Shayne welcome the opportunity to discuss how they may energise and educate your team in person at your next training event or conference. Phone for **free profile video.**

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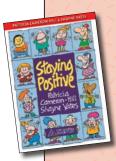
PATRICIA CAMERON-HILL & SHAYNE YATES

Learning with Laughter

Training Videos and DVDs



CAMERON-HILL & YATES
SEMINARS



Staying Positive

The video/DVD that makes you feel good just by watching it. Everything can be easier and more enjoyable when you have a positive outlook. This motivational video/DVD shows how to enjoy each day and handle the tough times through choosing positive thoughts, words, beliefs and actions, Great viewing at home and at work for adults, teenagers, friends and family.

Duration: 42 minutes A\$75 NZ\$75



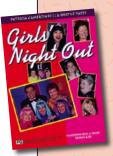
Humorobics

You can learn how to exercise your sense of humour to make your life more fun!

This video/DVD shows how to balance the serious side of life with the lighter side. Watch this very funny video at home and at work to:

- Have a laugh with your family and friends
- Promote teamwork and reduce stress
- Turn your lunch break into a fun break
- Add sparkle to your meetings and conferences

Duration: 26 minutes, A\$75 NZ\$75



Girls' Night Out

The next best thing to having you own girls' night out is to watch this video/DVD.

You'll discover why women laugh more often than men, and why women are attracted to men who make them laugh. You'll join in the fun of a typical girls' night out, when women talk about their lives, share experiences, entertain each other and laugh their heads off.

Duration: 32 minutes A\$45 NZ\$45



Coping with Change

This program takes the stress out of change. It shows people how to look for opportunities in change, how to be more confident and what action to take to secure their future. Includes interviews, commentary, stories and action steps. The program includes and easy A B C D action plan.

Duration: 46 minutes. A\$125 NZ\$125

Training program (with screening guide).



Thank God it's Monday

Job satisfaction through Teamwork.

When people get on well together they work better as a team. "Thank God It's Monday" shows how a good attitude, a sense of humour and effective people skills can go a long way towards building relationships within teams. The program balances the serious side of teamwork with the fun side by including stories, humour and laughter.

Part 1. Introduction and Attitude (11 mins)

Part 2. Behaviour (18 mins)

Part 3. Sense of Humour (11 mins)

Special Feature (22 mins)

This is a spontaneous question and answer session with the studio audience. It follows the main program as a separate component. Duration: 40 minutes, A\$195 NZ\$215

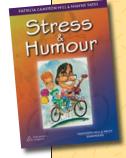
(with screening guide)



Living with Stress

It is not possible to avoid all situations that create stress in our lives, but it is possible to learn better ways to deal with things to feel more in control. Using a simple chart and everyday examples, this video/DVD shows the relationship between feelings and stress. Amusing examples challenge habits of thought and action to see things differently, to feel relaxed instead of stressed. A special feature of the video is a simple prescription for health. Duration: 28 minutes A\$195.00 NZ\$215.00

Training program



Stress & Humour

Laughter is the greatest stress buster in the world. It is impossible to be tense and laugh at the same time. Laughter is relaxing, energising, and good for our health. This lighthearted video shows where to find humour to laugh more often. It is filled with funny stories, practical ideas, props and real-life examples you can use to bring more humour and less stress into your life.

(This video is free with each copy of the training program Living with Stress) Duration: 27 minutes A\$95 NZ\$95



Customer Service in Health

This uplifting video targets the two key issues of service: the attitudes of staff and **their behaviours.** The information is relevant to all health facilities. Customer Service in Health includes vignettes and role-plays which are relevant to health care. They contrast poor service with good service. Facts are combined with fun to make learning fast and enjoyable. For easy screening the video/DVD comprises three parts.

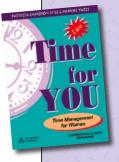
Part 1. Being Happy in the Service

Part 2. Understanding People.

Part 3. The Seven Service Skills.

Bonus Feature - Humour Break. Duration: 45 minutes A\$195 NZ\$215

(with screening quide)



Time for You

Time management for women.

Women do not mean to give up their personal time, but when there is too much to do, leisure time is the first to be sacrificed. This video/DVD shows how to say "No", to break the cycle of doing too much. You'll join a studio audience of enthusiastic people who share in the hope, handy hints and humour.

Duration: 38 minutes, A\$45 NZ\$45



You won't die laughing!

This is a funny book on the serious subject of stress. It contains real-life stories, original cartoons and humour to keep you amused while you learn. Amidst all the fun is some serious thought and guidance on how to meet the everyday challenges at work or home in today's fast-paced world. This is a great book for anyone who says they are too stressed to read a book on stress. 242 pages. A\$26.95 NZ\$34.95

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