

PRESENTER



Patricia Cameron-Hill

BAppSc(AdvNsg)

The program was conducted with equal success for nurses throughout Australia and New Zealand. It was during this program that Patricia pioneered the introduction of supernumerary 'management days' for NUMs.

Patricia is a high energy presenter with a talent for simplifying complex information with anecdotes and humour.

Patricia and her husband Shayne Yates (MBBS) work with a wide range of clients including health and education professionals. They are authors of a range of training DVDs and the books *You won't die laughing!* and *Doctor I feel funny*.



"I understand the demands and pressures of being in charge. I share with you a wealth of experience and creative ideas from thousands of nurses".

Patricia's first client as a management consultant was the nursing division at Austin Hospital. At that time she designed an education program for NUMs known as Creative Management. This program empowered nurses to solve their own problems with "...prolific, imaginative and effective responses..." (ANJ Adv.Nsg)

GUEST SPEAKER



Sue Besomo

RN BHS (Hons) MNurs

Sue specialises in compassion fatigue and burnout prevention. She has held positions in clinical nursing, education, management and research across acute, community and aged care facilities. For the past three years she has shared her expertise with students and staff at Bond University Faculty of Health Sciences.

REGISTRATION

(Register Online: www.chy.com.au)

(Please print)

Surname: _____

First name: _____

Home address: _____

_____ Postcode: _____

Workplace: _____

Position / Grade: _____

Best contact phone: _____

Email: _____

Investment \$195 (includes morning tea, lunch and notes.)

Registration 8.30am

Start 9.00am Finish 4.30pm

Method of payment (tick)

Cheque Visa Mastercard

Number: _____

Exp. Date: _____

Signature: _____

Send to: **Cameron-Hill & Yates Seminars**

P.O. Box 118, Mt Macedon, VIC, 3441.

Ph: (03) 5426 1532 Fax: (03) 5426 1653

Email: shayne@docfunny.com

www.chy.com.au (ABN 34 006 862 611)

Registrations close Monday 17th June 2013

Your registration will be confirmed.

Thank You

One day seminar for Nurse Unit Managers

TAKING CHARGE

Thursday 20th June, 2013

Runcorn Tavern, 124 Gowan Rd,
Runcorn, QLD, 4113

CPD 6 hrs

THE CHALLENGE

The role of the Nurse Unit Manager (NUM) is unique. The demands are daunting and seem never ending. They revolve around the expectation that the person in charge can maintain a clinical focus with what many of them describe as “the burden of administrative tasks”. Any gaps or shortfalls in services and resources become apparent at the point of patient care delivery. These must be dealt with by the NUM.

Does this sound familiar?

“The buck stops with the NUM, hit from below, hit from above!”

“Not enough time to do clinical and admin. work.”

“Not enough support from Admin/HR.”

“When I first started I only found out how to do things by making mistakes.”

“Not enough staff, skill mix and roster requests.”

“It seems like the paperwork is taking over.”

“I didn’t have a choice, I was the last Clinical Nurse on the ward.”

“You need a sense of humour!”

Difficult does not mean impossible, there is always something you can do to make your job easier and more enjoyable.

THE SEMINAR

TAKING CHARGE means using your position to find sensible solutions to day-to-day hassles.

We’ll show you:

- 1. How to build your self confidence** to set realistic goals and ask for what you want without fear and self doubt.
How you feel about yourself affects everything you do.
- 2. How to answer the three questions** every manager must ask themselves.
Good management drives clinical excellence.
- 3. How to decide the best use of your time,** energy and talents as the person in charge.
Your energy is your greatest asset.
- 4. How to manage the way you feel** and influence the moods of people around you, especially on difficult days.
Everything is easier when you are in a good mood.
- 5. How you can develop support networks** to negotiate needed changes.
The strength is in the NUMbers.
- 6. How to use your imagination** to make small incremental changes and quick wins.
There is always a better way.
- 7. How to boost your sense of humour** to amuse yourself and others.
Whatever you can laugh at you can survive.

Special feature: Winning entries from our seminar competitions “What is the funniest thing that has happened to you as a nurse?”

THE DAY

“I take care of people every day, but who takes care of me?” (NUM)

From the moment you arrive at the seminar, you will receive the support, encouragement and respect befitting your vital role in health care.

The program has been designed to strengthen your personal resources to optimise your role in managing patient/resident care.

It is a day of learning mixed with friendship and fun. Management issues are simplified with practical advice, examples and humour.

It is a day to re-charge your batteries and connect with like-minded colleagues to swap ideas and provide ongoing support.



Who is invited?

This seminar is for Nurse Unit Managers and Associate Nurse Unit Managers with varied capabilities and skills. Nurses who are supporting these roles will also find the seminar insightful and helpful.

The seminar **TAKING CHARGE** is available for your own workplace or region.

For more information:

(03) 5426 1532 shayne@docfunny.com

www.chy.com.au